If you answer YES to these 3 questions, you meet the criteria set by the U.S. Preventive Services Task Force that recommends annual computed tomography (CT) screening. This non-invasive diagnostic test is covered by Medicare and most insurance companies.

1. ARE YOU BETWEEN THE AGES OF 55 AND 77?  
   - YES  
   - NO

2. ARE YOU ASYMPTOMATIC?  
   Show NO signs or symptoms of lung cancer such as:  
   - Persistent cough  
   - Chest pain  
   - Shortness of breath  
   - Unexplained weight loss  
   - Hoarseness  
   - Chronic bronchitis  
   - YES  
   - NO

3. DO YOU CURRENTLY SMOKE OR DID YOU QUIT SMOKING WITHIN THE LAST 15 YEARS AND HAVE OR HAD A TOBACCO SMOKING HISTORY OF AT LEAST 30 “PACK YEARS” — AN AVERAGE OF 1 PACK A DAY FOR 30 YEARS?  
   - YES  
   - NO

CALCULATE PACK YEARS  
(20 cigarettes = 1 pack)  

Number of years smoked \( \times \)  
Average # of packs smoked per day = Pack Years

3? YES

DID YOU SAY YES TO ALL 3 QUESTIONS?  
Make an appointment with your doctor and let them know that you meet the criteria for an annual CT screening that is covered by Medicare and most health insurance providers.

If you answered NO to any of these questions and have any questions or concerns regarding your lung cancer risks, you should make an appointment with your doctor.

Life should take your breath away.  
Not lung cancer.